

**HUBUNGAN TINGKAT PENGETAHUAN TENTANG ASMA TERHADAP  
PERILAKU PENCEGAHAN KEKAMBHUHAN ASMA PADA PENDERITA ASMA  
BRONKIAL DI WILAYAH KERJA PUSKESMAS BASUKI RAHMAD KOTA  
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**SKRIPSI**



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## **ABSTRACT**

*Asthma is a chronic disease; therefore, the patients must know about the disease well. Thus, patients can prevent asthma attacks and if an asthma attack occurs, the patient does not experience panic and can take the right steps. If the patient is wrong in assessing the severity of an asthma attack can be dangerous. In addition, patients can also avoid the factors causing the occurrence of asthma recurrence (dust, powder, airway infection, emotional stress, excessive exercises). The purpose of this study is to determine the relationship between knowledge about asthma towards bronchial asthma recurrence prevention behavior in the working area of Public Health Centre Basuki Rahmad of Bengkulu City in 2018. The research method used in this study is analytic using cross-sectional design. The samples taken in this study were 51 people, namely asthma sufferers in the working area of Public Health Centre Basuki Rahmad of Bengkulu City in 2018. The sampling technique used is the purposive sampling technique. The results of this study showed that of the 51 respondents almost half of the respondents (31.4%) had less knowledge, almost most of respondents (49.0%) had bad behavior, and there is a relationship between knowledge with behavioral prevention of asthma recurrence in the working area of Public Health Centre Basuki Rahmad of Bengkulu City in 2018 with  $asympt.sig(p) = 0.004$ . The researcher suggests to the health center that this research could become the basis for implementing the program of guidance, coaching, and counseling activities in an effort to increase knowledge about asthma towards asthma recurrence prevention behavior.*

**Keywords:** *Knowledge, Prevention Behavior of Asthma Recurrence*

**References:** *34 (2010-2017)*