ABSTRACT

AN ANALYSIS OF UNDERHAND AND OVERHAND VOLLEYBALL SERVE SKILLS OF GRADE V STUDENTS AT PUBLIC ELEMENTARY SCHOOL 76 IN BENGKULU CITY

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This study aims to analyze the underhand and overhand volleyball serve skills of grade V students at Public Elementary School 76 in Bengkulu City. The research is a Quantitative Descriptive type with a test method involving a sample of 24 grade V students at Public Elementary School 76 in Bengkulu City. The research findings on the analysis of underhand and overhand volleyball serve skills of grade V students at Public Elementary School 76 in Bengkulu City fall into the category of sufficient. In the underhand serve test, the highest score was 33, the lowest was 9, and the average was 19.46. In the category "Excellent," there were 0 students, in the category "Good," there were 2 students with a percentage of 8%, in the category "Sufficient," there were 13 students with a percentage of 54%, in the category "Poor," there were 9 students with a percentage of 38%, and in the category "Very Poor," there were 0 students. Furthermore, the results of the overhand serve test were categorized as "Excellent" for 0 students, "Good" for 1 student with a percentage of 4%, "Sufficient" for 12 students with a percentage of 50%, "Poor" for 11 students with a percentage of 46%, and "Very Poor" for 0 students.

Keywords: Underhand Serve Skills, Overhand Serve, Volleyball



