

ABSTRACT

**THE CONTRIBUTION OF SPEED AND AGILITY ON DRIBBLING SKILLS
IN FOOTBALL GAMES AT ANGGUT CLUB IN SOUTH BENGKULU**

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This study aims to determine the contribution of speed and agility to dribbling skills in football games at Anggut Club in South Bengkulu. This research method is correlation research. The research sample amounted to 30 people. The instruments used in this study were speed tests, agility tests and dribbling skills tests in soccer games. Where the results of research and discussion, the contribution between speed and agility on dribbling skills in football games at Anggut Club in South Bengkulu of 0.65 is positive, meaning that the greater the score obtained, the stronger correlation between the two variables. It can be concluded that speed and agility tests contribute to dribbling skills in football games at Anggut Club in South Bengkulu.

Keywords: : Speed, Agility and Football Dribbling.

