ABSTRACT

AN ANALYSIS OF UNDERHAND PASSING SKILL LEVELS AMONG VOLLEYBALL PLAYERS AT STATE JUNIOR HIGH SCHOOL 11 SOUTH BENGKULU

By: Jerry Cahaya Falenzo

Student ID. 20190104

This study aims to determine the skill level of underhand passing among volleyball players at State Junior High School 11 South Bengkulu. This research is a quantitative descriptive type that uses survey methods and data collection techniques using tests and measurements. Based on the results of the underhand passing skill test in volleyball games, it is known that the very poor category is 0% (0 players), the poor category is 0% (0 players), the fair category is 60% (9 players), the good category is 20% (3 players), and the very good category is 20% (3 players). Based on the above results, it can be concluded that the underhand passing skill of junior high school volleyball players at SMPN 11 South Bengkulu is in the FAIR category, with a total of 15 students or a percentage of 60%.

Keywords: Skill, Underhand Passing Volleyball



