

ABSTRACT

**AN ANALYSIS OF SMASH SKILLS IN VOLLEYBALL GAMES OF GRADE
VIII STUDENTS AT SMP NEGERI 10 IN NORTH BENGKULU**

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This research aims to determine the level of Smash Skills in Volleyball Games among Grade VIII Students at SMP Negeri 10 in North Bengkulu. This type of research is Quantitative Descriptive with the population used in this research amounting to 22 students in class VIII consisting of 7 female students and 15 students. The sample taken in this research was 22 consisting of female students using the Total Sampling technique. Results of research on Smash Skills in Volleyball Games among Grade VIII Students at SMP Negeri 10 in North Bengkulu. The conclusion in this research is that the smash skill level of 12 people in the volleyball game was 55% in the sufficient category. The research results showed that there were 12 people. 1 person is in the "Very Good" category with a percentage of 5%, in the "Good" category there are 7 people with a percentage of 32%, in the "Medium" category there are 12 people with a percentage of 55%, in the "Poor" category amounted of 1 person with a percentage by 5% and 1 person who got the "Very Less" category with a percentage of 5%.

Keywords: *Smash Skills, Volleyball Game*

