ABSTRACT

AN ANALYSIS OF BLOCKING SKILLS OF VOLLEYBALL PLAYERS IN EXTRACURRICULAR STUDENTS OF STATE JUNIOR HIGH SCHOOL 7 BERMANI ILIR

SATRIA ADI PUTRA Student ID: 20190071

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The purpose of this research is to determine the blocking skills of volleyball players in Junior High School 7 Bermani Ilir. The research method used is a survey using tests. The population consists of 20 male students and the sample in this study uses purposive sampling, which includes all students in Junior High School 7 Bermani Ilir, totaling 20 students. The data collection method used in this study is measurement tests. The data analysis technique used is descriptive percentage statistics. The results for the "very high" category are 2 students or 10.00%; the "high" category is 4 students or 20.00%; the "medium" category is 6 students or 30.00%; the "low" category is 8 students or 40.00%; and the "very low" category is 0 students or 0.0%. The overall conclusion falls into the category of Insufficient.

Keywords: Skills, Blocking, Students, Volleyball.

