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ABSTRACT

CONTRIBUTION OF AGILITY TO DRIBBLING SKILLS OF FUTSAL PLAYERS AT SMP NEGERI 2 OF SOUTH BENGKULU

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This research aims to determine the contribution of agility to dribbling skills of futsal players at SMP Negeri 2 of South Bengkulu. Correlation or correlational research is research that seeks to determine whether there is a relationship between two or more variables. The independent variable is agility with the dependent variable being dribbling ability. The sample type in this research used a total sampling technique. The sample is all 18 futsal players at SMPN 2 of South Bengkulu. The instruments used in this research were agility and dribbling skills tests. The agility test and dribbling ability obtained r_{table} of 0.400 because the correlation coefficient between rxy = 0.96 > 0.400 and a contribution of 96%, which means that the contribution of agility to the dribbling skills of futsal players at SMP Negeri 2 of South Bengkulu is significant and large. Thus, the hypothesis which states "there is a contribution of agility to the dribbling skills of futsal players at SMP Negeri 2 of South Bengkulu" is accepted. This means that agility contributes to dribbling skills of futsal players at SMP Negeri 2 of South Bengkulu.

Keywords: Agility, Dribbling Skills.