ABSTRACT

AN ANALYSIS OF UPPER AND UNDER PASSING MOVEMENT IN BOYS' VOLLEYBALL GAMES AT SENIOR HIGH SCHOOL 4 KAUR

 $\mathbf{B}\mathbf{y}$

Maulana Akbar¹ Mariska Febrianti² Dolly Apriansyah²

From the results of the study on the analysis of upper passing and lower passing movements in men's volleyball games at Senior High School 4 Kaur, the result of this study showed the research data on upper passing and lower passing in volleyball games which were then converted according to the classification norms for upper passing and lower passing tests in volleyball games. The purpose of this study was to determine the ability of upper passing and lower passing in men's volleyball games at Senior High School 4 Kaur ". The type of this study was descriptive research. The sample of this study consisted of 20 people. The instruments used in this study were upper passing and lower passing tests. It can be concluded based on these data that the upper passing test in men's volleyball games at Senior High School 4 Kaur was in the sufficient category, namely 7 people or with a percentage of 35%. Then for the results of the lower passing test in men's volleyball games at Senior High School 4 Kaur are also in the sufficient category, namely 9 people or with a percentage of 45%.

Keywords: Upper Pass, Lower Pass, Volleyball Game



