

ABSTRACT

***THE COACHING OF VOLLEYBALL EXTRACURRICULAR ACTIVITIES
AT STATE JUNIOR HIGH SCHOOL 8 REJANG LEBONG***

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This research aims to determine the quality of coaching in extracurricular volleyball activities at State Junior High School 8 Rejang Lebong. The research method used a qualitative approach with data collection techniques including questionnaires, documentation, and interviews. The subjects of this study are the School Principal, Physical Education teachers, or coaches of the volleyball extracurricular at State Junior High School 8 Rejang Lebong. Data validity in this research is ensured through data triangulation. Based on the research findings on the Coaching of Extracurricular Volleyball at State Junior High School 8 Rejang Lebong in the academic year of 2023/2024, data were collected using a questionnaire consisting of 34 items with scores of STS = 1, TS = 2, S = 3, and SS = 4, achieving a maximum score of 100% and a minimum of 0%. The average scores obtained were STS = 0.4%, TS = 5.2%, S = 52.2%, and SS = 42.2%.

Keywords: Sports, Volleyball Extracurricular

