ABSTRACT

AN ANALYSIS OF THE LEVEL OF OVERHAND PASSING SKILLS THROUGH VOLLEYBALL LEARNING FOR CLASS VIII STUDENTS AT SMP NEGERI 12 OF BENGKULU CITY

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This study aims to determine the Level of Overhand Passing Skills through Volleyball Learning for Class VIII Students at SMP Negeri 12 of Bengkulu City. This research method is descriptive research. The research sample amounted to 20 male students. The instrument used in this research is Overhand Passing. Where the results of the study are as follows: Excellent category by 0% (0 people), good category by 20% (4 people), moderate category by 50% (10 people), the less category is 25% (5 people), and the less category is 5% (1 person). Based on the results above, it can be concluded that Overhand Passing Skill Level Test through Volleyball Learning at SMP Negeri 12 of Bengkulu City is in the Moderate category, namely as many as 10 male students or with a percentage of 50%.

Keyword: : Overhand Passing of Volleyball



