

ABSTRACT

***A CORRELATION BETWEEN STRIDE LENGTH AND 80-METER
SPRINTING OF CLASS V STUDENTS OF ELEMENTARY SCHOOL
MEOK OF NORTH BENGKULU***

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This study aims to determine the correlation between stride length and 80 Meter sprinting skills of class V students of SD Negeri Meok of North Bengkulu. This type of research is quantitative correlation. The sample in this study were 25 students. The instruments used are the step length measurement test and 80 Meter sprinting test. The analysis used is Product Moment Correlation analysis with a significance level of 1%. Based on the results of the study, it shows that there is a significant correlation between step length and sprinting skills of class V students of SD Negeri Meok of North Bengkulu, with a value of $r_{x,y} = 0.9454 > r_{(0.01)(25)} = 0.505$. There is a significant correlation between length (X) and 80 meter sprinting skills of class V students of SD Negeri Meok of North Bengkulu.

Keywords: Stride Length, Sprinting.

