

## ABSTRACT

### **THE INFLUENCE OF MOTIVATION ON THE ACHIEVEMENT OF PST VOLLEYBALL ATHLETES IN BENGKULU CITY**

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*Volleyball is a sport that is used to improve human quality, so that can be created a healthy society in physically and spiritually. Sports motivation is a form of effort that can cause a person or certain group of people to be moved to do something because they want to achieve the desired goal. This research aims to determine the influence of motivation on the achievements of Panorama Sarana Travel volleyball Athletes in Bengkulu City. In generally, there are two types of motivation, namely intrinsic and extrinsic motivations. The characteristic that determines an athlete's success is achievement. One of the volleyball clubs in Bengkulu city is Panorama Sarana Travel (PST) where this PST club has been registered with government in Bengkulu city, but its achievements have not reached the maximum from period to period. One of the lack of success of this club is due to low intrinsic and extrinsic motivation factors in athletes. Sampling was taken using a questionnaire. The sample for this research consisted of 20 athletes. The method in determining the sample was by using the total sampling method and the data was analyzed using descriptive techniques. The results of this research show that the motivation based on intrinsic factors of PST volleyball athletes in Bengkulu city has an average of 3.75 with an achievement level of 74.87% and is in the high category and the score from research on athlete motivation based on extrinsic factors for PST volleyball athletes with the average is 3.65 with an achievement level of 72.95% and is in the high category. From the intrinsic and extrinsic factors, the percentage reached the high influence criteria, so it is concluded that there is a high influence of motivation on athletes' performance of PST in Bengkulu city.*

*Keywords: Volleyball, Bengkulu City PST, Motivation and Achievement.*

