ABSTRACT

An Analysis of Volleyball Basic Skill Levels on Serving and Passing of Extracurricular Students at SMPN 31 in North Bengkulu

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This research aims to determine the analysis of the level of volleyball basic skills in serving and passing of extracurricular students at SMPN 31 North Bengkulu. This research used descriptive quantitative research, with a survey method. The sample in this study was 20 volleyball extracurricular participants at SMP Negeri 31, North Bengkulu. The data collection techniques in this study used tests and measurements. Based on the results of the research, it can be concluded that the overall the results of the research on the basic techniques of passing and serving in the school show that of the 20 students who took the test, as many as 2 students were included in the very high category (10%), 3 students included in the high category (15%), and 9 students included in the moderate category (45%), 5 students included in the low category (5%). Therefore, it can be concluded that the level of basic skills in playing volleyball for male students who take part in volleyball extracurricular activities at SMP Negeri 31, North Bengkulu fall into the medium category of 9 students or with a percentage (45%).

Keywords: Skills, Passing, Serve,

1) Student

2) Supervisors



