

## **ABSTRACT**

### ***EFFORTS IN IMPROVING BASIC FUTSAL BALL DRIBBLING TECHNIQUES WITH DRIBBLING VARIATION DRILL TRAINING METHOD IN STUDENTS AT SDN 32 REJANG LEBONG REGENCY***

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*This study aims to improve the basic technique of futsal ball dribbling with the dribbling variation drill training method for students at SDN 32 Rejang Lebong Regency. With 20 research subjects. The method used in this study is Classroom Action Research. The research procedure goes through 4 stages starting from the planning, implementation, observation, reflection stages. From the first cycle after the calculation, the results obtained were an increase in the classification of very good as many as 5 participants with a percentage of 25%, in the good classification 7 participants with a percentage of 35%, in the moderate classification 6 participants with a percentage of 30% and 2 participants in the less category. Participants who completed the first cycle were 12 participants with a percentage of 60%. After the action was carried out through drill learning using the ball and zig-zag movements without the ball. In the second cycle, the results showed that there was an increase in the number of participants in the very good classification as many as 12 participants, the good classification 5 participants and 3 participants in the moderate classification. The number of participants with a passing grade in the second cycle was 17 participants in the very good category with a percentage of 85% in Students at SDN 32 Rejang Lebong Regency. It can be concluded that there is an effect of increasing Dribbling by using learning in Students at SDN 32 Rejang Lebong Regency.*

***Keywords: Dribbling, Learning Modification, Futsal.***

