

ABSTRACT

AN ANALYSIS OF SMASH SKILLS IN VOLLEYBALL EXTRACURRICULAR STUDENTS AT SMA NEGERI 2 KAUR

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This study aims to analyze smash skills in volleyball extracurricular at SMA Negeri 2 Kaur. This study used a quantitative descriptive approach with a survey technique to determine the level of basic smash skills through a smash skills test. The study sample consisted of 23 active volleyball extracurricular participants at the school. The results showed that the athletes' basic smash skills were generally in the moderate category, with an average score of 14.13. This finding suggests that the smash skills of extracurricular students still need to be improved through more focused and structured technical training.

Keywords: Smash Skills, Volleyball, Extracurricular, SMA Negeri 2 Kaur

1). Student

2). Supervisors

