

**HUBUNGAN LAMA MENDERITA HIPERTENSI DENGAN KEJADIAN
GAGAL GINJAL KRONIK (GGK) DI RUANG MELATI RSUD CURUP
TAHUN 2019**

SKRIPSI



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ABSTRAK

HUBUNGAN LAMA MENDERITA HIPERTENSI DENGAN KEJADIAN GAGAL GINJAL KRONIK (GGK) DI RUANG MELATI RSUD CURUP TAHUN 2019

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Hipertensi dijuluki “*silent killer*” karena 80% kejadian tidak menimbulkan gejala tapi meningkatkan resiko sakit jantung dan *stroke*, 20% hipertensi dapat menyebabkan kerusakan organ ginjal sehingga terjadi gagal ginjal. Penyebab GGK sangat beragam salah satunya adalah hipertensi dengan insidensi 8,46% berdasarkan data dari pasien GGK yang menjalani terapi *hemodialisis* di Indonesia (Suwitra, 2011). Tujuan penelitian ini adalah untuk mengetahui adanya hubungan lama menderita hipertensi dengan kejadian Gagal Ginjal Kronik (GGK) di Ruang Melati RSUD Curup Tahun 2019.

Penelitian ini merupakan jenis penelitian *deskriptif analitik*, dengan metode pendekatan *cross sectional*. Data dikumpulkan dengan cara menyebarkan kuesioner kepada 68 responden yang menderita hipertensi dan dirawat diruang Melati RSUD Curup.

Hasil analisis uji univariat pada penelitian didapatkan data (47,1) sebagian besar responden lama menderita hipertensi 6 – 10 tahun dan (69,1%) sebagian besar responden mengalami kejadian gagal ginjal kronik (GGK). Hasil uji bivariat menunjukkan adanya hubungan yang bermakna antara lama menderita hipertensi dengan kejadian Gagal Ginjal Kronik (GGK) dengan nilai $p = 0,005$ di Ruang Melati RSUD Curup tahun 2019.

Peneliti menyarankan kepada pihak RSUD Curup agar memberikan penyuluhan mengenai informasi yang berkenaan dengan penyakit hipertensi dan Gagal Ginjal Kronik agar pasien lebih sadar dalam menjaga kesehatannya.

Kata kunci : *Lama menderita Hipertensi, kejadian Gagal Ginjal Kronik (GGK)* Keterangan :

1. Calon Sarjana Keperawatan
2. Pembimbing

ABSTRACT

CORRELATION BETWEEN THE LONG-SUFFERING OF HYPERTENSION AND THE INCIDENCE OF CHRONIC RENAL FAILURE (CRF) IN THE JASMINE ROOM OF GENERAL HOSPITAL OF CURUP IN 2019

By

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Hypertension is nicknamed “the silent killer” because 80% of the events do not cause symptoms, but increases the risk of heart disease and stroke, 20% of hypertension can cause damage to the kidney resulting renal failure. The cause of CRF is very diverse, one of them is hypertension with the incidence of 8,46% based on the data from patients with CRF undergoing hemodialysis therapy in Indonesia (Suwitra, 2011). The objective of this study was to determine the correlation between the long-suffering of hypertension and the incidence of Chronic Renal Failure (CRF) in the Jasmine Room of General Hospital of Curup in 2019.

This research was an analytic-descriptive study with cross sectional approach. The data were collected by distributing questionnaires to 68 respondents who suffered from hypertension and was treated in Melati Room of General Hospital of Curup.

The results of the analysis of the univariate test on the research showed the data (47,1) which most of the respondents suffered hypertension for 6 – 10 years and (69.1%) most of the respondents experienced the incidence of chronic renal failure (CRF). The results of the bivariate test suggested that there was significant correlation between the long-suffering of hypertension and the incidence of Chronic Renal Failure (CRF) with the value of $p = 0.005$ in Jasmine Room of General Hospital of Curup in 2019.

The researcher suggested General Hospital of Curup to provide counseling regarding any information concerning about the diseases of hypertension and Chronic Renal Failure so that the patients are more aware of maintaining their health.

Keywords : *Long-Suffering of Hypertension, Incidence of Chronic Renal Failure (CRF)*

Note :

1. Candidate For Bachelor Of Nurses
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