1

ABSTRACT
THE INFLUENCE OF COMMAND METHOD ON THE SHOOTING SKILLS OF FUTSAL EXTRACURRICULAR STUDENTS AT SMPN 28 NORTH BENGKULU

By:
Faisal Ulul Azmi[1]
Feby Elra Perdima [2]
Lina Tri Astuty B.S [3]

This research aims to determine the influence of the Command Method on the shooting skills of Futsal extracurricular students at SMPN 28 North Bengkulu using an experimental research type. The sample consisted of 19 students. The results showed that from the t-test, the calculated t-value was 4.32, and the table t-value (df 18) was 1.752 with a significance value of p equal to 0.00 < 0.05, indicating that H0 is rejected. After performing data analysis using the statistical approach of the mean difference test (t-test) at a significance level of $\alpha = 0.05$ for both proposed research hypotheses, both hypotheses were accepted and could be tested for their validity. The hypothesis proposed in this study, regarding the influence of the Command Method on the shooting skills of Futsal extracurricular students at SMPN 28 North Bengkulu, was accepted as valid. In this study, the normality test was conducted using the Liliefors method. The normality test results indicated that for the Pre-Test of the Training Method, Lc was 0.182 and L_{table} was 0.195 with $\alpha = 0.05$, concluding that the data is normally distributed. For the Post-Test of the Command Training Method, Lh was 0.154 and L_{table} was 0.195 with $\alpha = 0.05$, concluding that the data is also normally distributed. The homogeneity test used the F-test with degrees of freedom (n1-1), (n2-1) and a significance level of $\alpha = 0.05$. The rule for the homogeneity of variances or F-test is that if $F_{count} < F_{table}$, it can be concluded that both variances are homogeneous. From the homogeneity test results with the F-test, the homogeneity number obtained was Fhitung 0.22 and Ftabel 2.17. Based on the criteria, if F_{count} (Fc) is less than Ftabel (Ft), it means the population data is homogeneous; conversely, if F_{count} (Fc) is greater than F_{table} (Ft), it means the population data is not homogeneous. Since all data is homogeneous, data analysis can continue with parametric statistics. The complete results are presented in the appendix.

Keywords: *Command Method, Futsal Shooting*

June 1, 2025